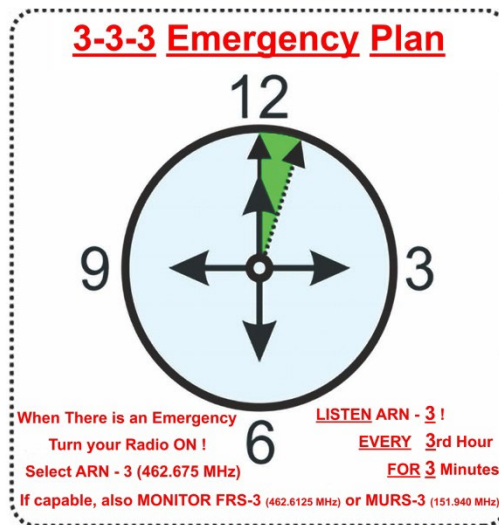


## Anthem Radio Network



### Anthem Radio Network's "3-3-3 Emergency Plan"

This is the "How and When" to make radio contact with each other when there is an emergency. Most emergency communications groups use a similar "333 Radio Plan" based upon the easy-to-remember "Survival Rule of Three." It is the communications equivalent of an "Assembly Point" or "Disaster Meet-Up Plan."

## **In an Emergency...**

**Turn on your radio**

**Select Channel**

**ARN-3**

*(If you have the capability, also monitor **CB-3**, **FRS-3**, or **MURS-3**. These are the frequencies likely used by survivalists and preppers. You should already have FRS-3 programmed into your radio. MURS-3 will be included in the program upgrade for those radios with 2M (VHF) capability.)*

**Listen**

**Every 3rd HOUR**

At the "top of the hour;" Noon, 3pm, 6pm, 9pm, Midnight, 3am, 6am, 9am.

**FOR AT LEAST**

**3 MINUTES**

Listen for calls for *at least 3 minutes* even if you do not need to make a call. If you have sufficient battery power, you should listen longer. In case someone is trying to reach you, or if someone needs your help. This is also a good time for a radio check. Say, "This is *"CALL SIGN"* monitoring, may I have a radio check please."

Continued...

# THE SUN-BASED RADIO PLAN

What happens to the 3-3-3 Radio Plan if you or your contacts have lost track of the time of day due to watch or clock failure? One traditional alternative, called the *Sun-Based Radio Plan*, uses a 3-times daily **sunrise-noon-sunset** schedule.

## Use the sun as the timekeeper

Each *contact interval* is a window of approximately an hour long, by your best estimation.

**Sunrise:** The contact interval for sunrise starts slightly before the sun peeks above the horizon, and continues to your best estimate of 1 hour after it has risen completely.

**Noon:** The contact interval for local *sun noon* starts when it is observed that the sun is highest in the sky. A small stick stuck in the ground straight up will have the shortest shadow at this time of day. It continues to your best estimate of 1 hour long.

**Sunset:** The contact interval for sunset starts just before the sun starts to set and continues to your best estimate of 1 hour after it has set completely.

**Optional Night:** We can add an additional late-night schedule contact interval, about an hour or two hours after sunset if necessary. A scheduled "time" may also be determined by the position of a specific star constellation agreed upon in advance or by a radio message.